

VCCL Results - Carolyn Fox

Member number: 414

Races: 41; Wins: 0 (0.0%); Top Ten: 12 (29.3%)

Active from 2008 to 2011

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
18/05/2008	Combined VCCL/GCCC Handicap	23	10	47:10	41	12:30		34:40	3:29	4:43
25/05/2008	Caruana Cross Country Classic	35	8	37:41	42	10:30		27:11	3:09	4:43
01/06/2008	VCCL Ted Paulin Handicap	27	8	36:19	42	10:30		25:49	1:33	4:32
07/06/2008	Boutique FPS Handicap	4	5	21:30	42	6:25		15:05	0:13	4:18
15/06/2008	32nd Annual Bob Cook Memorial Sealed Handicap	19	10	48:23	42	12:50		35:33	2:08	4:50
29/06/2008	Hash House Harriers HHH Handicap	12	8	36:09	42	10:30		25:39	1:06	4:31
06/07/2008	VCCL 5km Handicap	8	5	22:45	42	6:25		16:20	0:32	4:33
20/07/2008	Eric Greaves Memorial Handicap	35	10	48:34	42	12:50		35:44	3:48	4:51
03/08/2008	43rd Annual Norm Charles Handicap	17	10	46:21	43	13:10		33:11	2:07	4:38
10/08/2008	Pinnacle Print Group Handicap	19	8	41:05	43	10:45		30:20	2:51	5:08
24/08/2008	VCCL 75th Anniversary Classic Handicap	35	6.5	31:28	43	8:35		22:53	2:52	4:50
14/09/2008	Westgate Bridge Memorial Handicap	22	5	22:42	44	6:40		16:02	1:11	4:32
21/09/2008	President's Handicap	14	6.5	30:42	45	9:00		21:42	1:11	4:43
26/04/2009	Fred Grubb Memorial Handicap	23	6.5	30:59	44	8:50		22:09	1:51	4:46
03/05/2009	25th Helmut & Maija Prentler 8000m Handicap	3	8	36:45	46	11:30		25:15	0:17	4:36
09/05/2009	Moran Stable Handicap	5	5	21:45	46	7:00		14:45	1:08	4:21
17/05/2009	Rendina Family Handicap	2	8	36:51	46	11:30		25:21	0:30	4:36
26/07/2009	Eric Greaves Memorial Handicap	21	10	48:18	46	14:00		34:18	2:33	4:50
02/08/2009	VCCL 'Joe Caruana' 8K Legend Handicap	11	8	36:53	46	11:30		25:23	0:42	4:37
09/08/2009	44th Annual Norm Charles Handicap	3	10	45:18	46	14:00		31:18	0:45	4:32
23/08/2009	Pinnacle Print Group Handicap	20	8	40:20	46	11:30		28:50	3:44	5:03
05/09/2009	Westgate Bridge Memorial Handicap	4	5	22:36	46	7:00		15:36	0:32	4:31
20/09/2009	President's Handicap	30	6.5	32:08	46	9:10		22:58	3:08	4:57
02/05/2010	Fred Grubb Memorial Handicap	6	6.5	29:13	46	9:10		20:03	0:40	4:30
08/05/2010	Moran Stable Handicap	11	5	22:12	46	7:05		15:07	0:47	4:26
16/05/2010	Rendina Family Handicap	2	8	36:20	46	11:30		24:50	0:40	4:33
30/05/2010	Caruana Cross Country Classic	23	8	38:20	46	11:30		26:50	1:49	4:48
12/06/2010	Boutique FPS Handicap	4	5	21:49	46	7:05		14:44	0:11	4:22
27/06/2010	Helmut & Maija Prentler Handicap	4	8	36:07	46	11:30		24:37	2:08	4:31
18/07/2010	VCCL 5x3km Relay Challenge	7	3	13:40	46	4:36		9:04	0:32	4:33
01/08/2010	VCCL Roy McKenzie Legend Handicap	14	5	22:26	47	7:10		15:16	1:06	4:29
22/08/2010	Hash House Harriers Handicap	14	8	36:37	47	11:45		24:52	1:47	4:35
29/08/2010	Swann Electronics Handicap	13	8	38:11	47	11:45		26:26	1:52	4:46
04/09/2010	Coburg Lake Handicap	19	6.5	30:26	47	9:25		21:01	1:30	4:41
12/09/2010	Westgate Bridge Memorial Handicap	3	5	22:16	48	7:20		14:56	0:09	4:27
22/05/2011	Moran Stable Handicap	25	5	23:53	48	7:20		16:33	1:54	4:47
11/06/2011	Boutique FPS Handicap	15	5	23:11	48	7:20		15:51	0:54	4:38
03/07/2011	VCCL 5x3km Relay Challenge	37	3	14:47	49	4:54		9:53	1:17	4:56
07/08/2011	Tony Rendina Legend Handicap	36	5	25:03	50	7:40		17:23	3:35	5:01
14/08/2011	Hash House Harriers Handicap	34	8	39:36	50	12:30		27:06	3:52	4:57
11/09/2011	Westgate Bridge Memorial Handicap	26	5	24:15	51	7:50		16:25	2:07	4:51